

Title

Healthy Lunch Quiz

Illustration



Answer

Question



- 1 What food is healthier?
a) a hot dog b) a salad
- 2 What should your food contain?
a) proteins, vitamins, and minerals
b) grease and sugar
- 3 What kind of food gives you vitamins and minerals?
a) fruit b) candies
- 4 How many times a day should you eat?
a) two b) five
- 5 Which meals should you eat in those times?
a) breakfast, snack, lunch, snack, dinner
b) breakfast and dinner
- 6 Which one is a healthy example of a snack?
a) chips b) an apple
- 7 How many glasses of water should you drink every day?
a) two b) four
- 8 Which one is a healthy choice of a drink?
a) soda b) water



Answer Key

1 b	5 a
2 a	6 b
3 a	7 b
4 b	8 b

Score

8 - 7 = Excellent!
6 - 5 = Not bad
4 - 3 = Get informed!
2 - 1 = Get help!

How well Do You Know Your Best Friend?

- What is his / her name?
- Where is he / she from?
- How old is he / she?
- What is his / her school called?
- What is his / her dog's name?
- Where does he / she live?



Our Viewers' Favorite Movies

We want to find out our viewers' favorite type of movies.

Do you watch ...?

1	Comedy	Yes	No
2	Horror	Yes	No
3	Action	Yes	No
4	Science Fiction	Yes	No
5	Cartoons	Yes	No

What's your favorite type of movie? Why? _____

Results so far

- 1 Comedy 30% yes 70% no
- 2 Horror 17% yes 83% no
- 3 Action 13% yes 87% no
- 4 Science Fiction 82% yes 18% no
- 5 Cartoons 50% yes 50% no

