

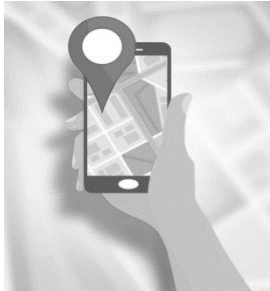
# PROGRAMA NACIONAL DE INGLÉS

## Cuaderno de Actividades



# Guessing the Word

 Look,  Read and  Write.



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_

## Word Bank

How

What

When

Who

Where

Why

# Complete the Questions

## Word Bank

How What When Where Who Why



1. \_\_\_\_\_ is the book?



2. \_\_\_\_\_ are you sad?

3. \_\_\_\_\_ do I bake a cake?

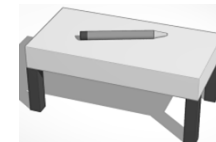


4. \_\_\_\_\_ is the boy?



5. \_\_\_\_\_ is the party?

6. \_\_\_\_\_ is on the table?




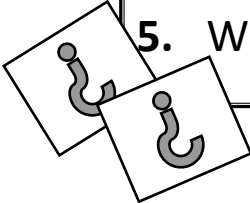
# Join the Purpose with the Respondent



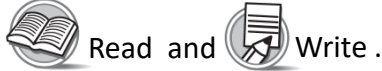
Read and



Underline.

- 
1. What is your favorite sport? students/adults
  2. What meal is your favorite to cook? students/adults
  3. When do you think you can start to work? students/adults
  4. What is your favorite subject in school? students/adults
  5. When is your English class? students/adults
- 





## Main Idea Bank

Eat a perfect meal.

Healthy food for students.

At our school we are committed to helping care for our students health. We would like to find out more about what you think and how we can implement a program with healthy food for students at school.

Always try to eat a perfect meal. What's your perfect meal? It needs to have all the nutritional ingredients. The human body needs a balanced diet to function properly. This makes sure your body grows, heals and maintains a healthy weight.

1. \_\_\_\_\_

2. \_\_\_\_\_



Are questions that have several options to choose from.

Are questions that are answered with short answers, usually yes/no.

Are questions that are answered in your own words, to express opinions or ideas.

1.

[Dashed box for answer 1]

2.

[Dashed box for answer 2]

3.

[Dashed box for answer 3]

Close- ended questions.

Multiple choice questions

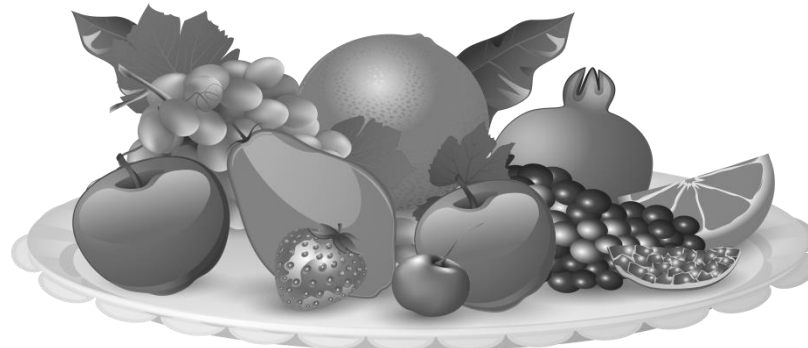
Open- ended questions.



# Classify the Questions

 Read and Match.

- |                                                                          |                       |                                          |
|--------------------------------------------------------------------------|-----------------------|------------------------------------------|
| 1. Do you eat healthy food?                                              | <input type="radio"/> | <input type="radio"/> a. Open-ended      |
| 2. How often do you eat junk food?<br>a.) always b.) sometimes c.) never | <input type="radio"/> | <input type="radio"/> b. Close-ended     |
| 3. How can you improve your eating habits?                               | <input type="radio"/> | <input type="radio"/> c. Multiple choice |





Read and



Write.

**Exercise #1:** read and circle the correct answer.

## Healthy Eating Questionnaire



1. Which of these is the healthiest breakfast?  
a) Yogurt and fruit.   b) Boiled eggs and toast.   c) Bacon and egg sandwich.
2. Which of these has the most calories?  
a) A blueberry muffin.   b) A fruit.   c) Chocolate cake.
3. Do you think we should eat meat everyday?  
a) Yes.   b) No.   c) It doesn't matter.
4. What is a healthy snack?  
a) Candy.   b) Cheese and bread.   c) Fruit.

**Exercise #2:** read and write.

1. What is the title of the questionnaire? \_\_\_\_\_.
2. What are the instructions?  
\_\_\_\_\_.
3. What type of questions are they? \_\_\_\_\_.



# Draw a Healthy Breakfast

 Read and  Draw.





Look,



Read,



Write and



Color.

## Word Bank

How

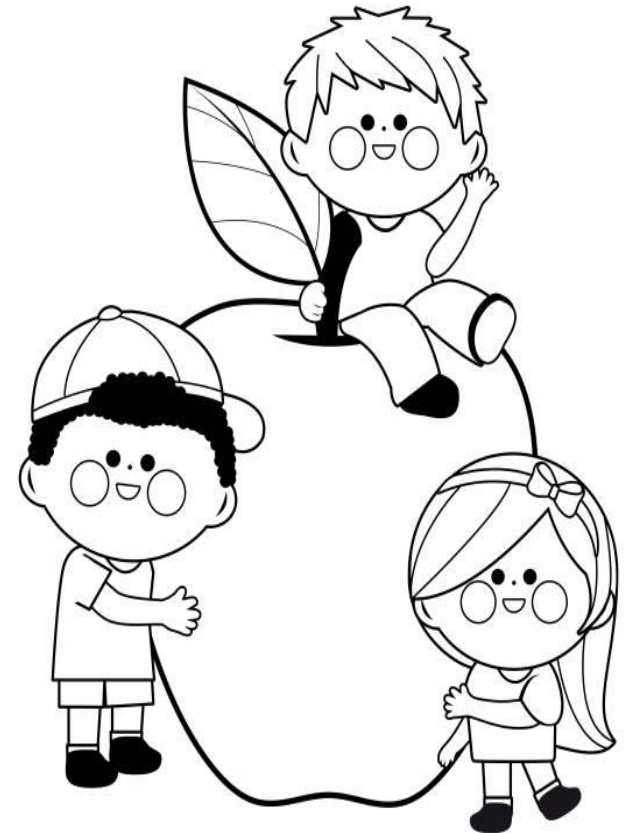
What

When

Where

Why

1. \_\_\_\_\_ is your favorite food?
2. \_\_\_\_\_ do you eat fruit?
3. \_\_\_\_\_ is it important to eat healthy?
4. \_\_\_\_\_ often do you eat junk food?
5. \_\_\_\_\_ do you exercise?





Read ,



Write and



Complete .

\*Use the information from the chart to answer the questionnaire.

Food Group	Nutrition	How much should we eat a day?
Fruit and vegetables.	Vitamins, minerals and fiber.	Five portions.
Carbohydrates.	Energy and fiber.	1/3 of everything we eat.
Animal products.	Protein.	2- 3 portions.
Milk and dairy food.	Calcium.	2- 3 portions.

## Word Bank

How  
What  
Why  
For protein  
1/3 of everything we eat  
Vitamins, minerals and fiber

1. \_\_\_\_\_ nutrition does eating fruit and vegetables give you?

A: \_\_\_\_\_.

2. \_\_\_\_\_ many carbohydrates should you eat every day?

A: \_\_\_\_\_.

3. \_\_\_\_\_ is it important to eat animal products?

A: \_\_\_\_\_.



Read,



Unscramble and



Write.

1. you / Do / milk / like

\_\_\_\_\_ ?



2. is / exercise / important / Why / to / it

\_\_\_\_\_ ?



3. vegetables / How / you / often / eat / do

\_\_\_\_\_ ?



4. kind / What / fruit / of / you / like / do

\_\_\_\_\_ ?





\*To make your questionnaire, choose the answer that best suites the question and the picture, and glue everything on your notebook. You can play with your friends and family to see what their answers are.



## Questions

1. What do you usually eat for breakfast?

2. What is your favorite food?

3. Do you eat vegetables?

4. Do you eat healthy food?

## Answers

No, I don't.

I usually eat cereal for breakfast.

My favorite fruit is apple.

Yes, I do.

## Pictures

