



Estado
de Coahuila

Secretaría de Educación



PROGRAMA NACIONAL DE INGLÉS

CUADERNO DE ACTIVIDADES





Complete the Questions

 Look,  Read,  Write and  Color.

Word Bank

Why When Where How What

1. _____ is your favorite food?
2. _____ do you eat fruit?
3. _____ is it important to eat healthy?
4. _____ often do you eat junk food?
5. _____ do you exercise?



Answer Key: 1. What, 2. When, 3. Why, 4. How, 5. Where.



Questionnaire



Read,



Write and



Complete.

Food Group	Nutrition	How much should we eat a day?
Fruit and vegetables.	Vitamins, minerals, fiber.	Five portions.
Carbohydrates.	Energy, fiber.	1/3 of everything we eat.
Animal products.	Protein.	2- 3 portions.
Milk and dairy food.	Calcium.	2- 3 portions.

Word Bank

How
What
Why
For protein
1/3 of everything we eat
Vitamins, minerals, fiber

1. _____ nutrition does eating fruit and vegetables give you?

A: _____.

2. _____ many carbohydrates should you eat every day?

A: _____.

3. _____ is it important to eat animal products?

A: _____.



5th Grade

Unit: 9

Unscramble the Questions

Activity 11

 Look,  Read and  Unscramble.

1. you / Do / milk / like?

_____ ?



2. is / exercise / important / Why / to / it?

_____ ?



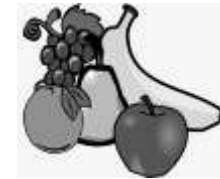
3. vegetables / How / you / often / eat / do ?

_____ ?



4. kind / What / fruit / of / you / like / do ?

_____ ?



Answer key: 1. Do you like milk?, 2. Why is it important to exercise?, 3. How often do you eat vegetables?, 4. What kind of fruit do you like?



My Questionnaire



Read,



Cut and



Glue.

* To make your own questionnaire, choose the answer that best suits the question and the picture and glue everything in your notebook. You can play with your friends and family to see what their answers are.



Questions

1. What do you usually eat for breakfast?

2. What is your favorite food?

3. Do you eat vegetables?

4. Do you eat healthy food?

Answers

No, I don't.

I usually eat cereal for breakfast.

My favorite fruit is apple.

Yes, I do.

Pictures

