



Estado
de Coahuila

Secretaría de Educación



PROGRAMA NACIONAL DE INGLÉS

CUADERNO DE ACTIVIDADES





*How much do you know about healthy eating? Take the Healthy Eating Questionnaire and find out.

Healthy Eating Questionnaire

1. Which of these is the healthiest breakfast?
a) Yogurt and fruit. b) Boiled eggs and toast. c) Bacon and egg sandwich.
2. Which of these has the most calories?
a) A blueberry muffin. b) A fruit. c) Chocolate cake.
3. Do you think we should eat meat everyday?
a) Yes. b) No. c) It doesn't matter.
4. What is a healthy snack?
a) Candy. b) Cheese and bread. c) Fruit.

1. What is the title of the questionnaire? _____.

2. What are the instructions?
_____.

3. What type of questions are they? _____.



Read and Circle.

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